

Additional thoughts and reflections after the DoR...

To: Attendees of Jan. 13th Day of Renewal,

The Day of Renewal is an opportunity to return to the initial deepening of the Self in our Relationship with others. Recalling our P2SW Training is an opportunity to reflect on who was my Mentor? And Partner? Who led my Dilemma and Life Review processes?

And then life goes on. P2SW now can be seen in the mirror. A stimulant into our own complex life and budding relationships.

The DoR on Saturday, January 13 focusing on the *C.A.R.I.N.G.* process stimulated the dilemma of dealing with our own personal feelings. It can be sort of delicate and can be complicated in that it is not just “I” and “you” but also “us.”

You know this, relationships are always complicated. Often how much of the interaction engages a “charge” from within or without.

What we can emphasize is that the New Warrior in his nascent state can carry an emotional “charge” that a CLEARING can provide an opportunity to “let go”.

Conversely, the Spirit WARRIOR is challenged to address how his individual process can be seen in the context of Self/Others.

We modeled the *C.A.R.I.N.G.* process with two men who have an already developed relationship. The “Presenter” owned his dilemma of feeling undervalued,



not necessarily due to the “Receiver’s” actions, but he wanted to “clear” with him and offer him the opportunity to reflect on his role in the dilemma. It seemed relatively non-conflictual and a “Caring” was apparent.

Subsequently, a lot of unfinished business became apparent. And the *C.A.R.I.N.G.* process sort of became secondary.

Having been involved with CLEARINGS since they were instituted in 1987, I am familiar with the necessary feeling of needing to

release tensions. The *C.A.R.I.N.G.* process is relatively new and will need to be practiced until it can assimilate a CLEARING. Please be patient in “practicing” how it can be implemented.

I appreciate everyone’s participation at the Day of Renewal and am open to learning more about how a process like a *C.A.R.I.N.G.* can be integrated as a working.

Genuinely,

David

Just Cougar