



**SAVE THE DATES!**

## Path to Spirit-Warrior Weekends for 2025



May 9-11, 2025 Michiana Christian Camp – Niles, MI

**Early Bird Discount—by April 9<sup>th</sup>**

August 8-10, 2025 Michiana Christian Camp – Niles, MI

**Early Bird Discount—by June 27<sup>th</sup>**

October 17-19, 2025 Michiana Christian Camp – Niles, MI

**Early Bird Discount—by September 5<sup>th</sup>**

To Register / more info: **Bill Costantino, Enrollment Team**

[bill.c@w3groupllc.com](mailto:bill.c@w3groupllc.com) **616-528-2225**

[Pathtospiritwarrior.com](http://Pathtospiritwarrior.com)

**Tuition - \$950    Deposit to Register - \$100**

### **NOTE from the P2SW Council:**

Effective beginning with the February 21-23, 2025 Path to Spirit-Warrior Training, the tuition for the Training will increase to \$950, with a \$100 early bird discount if payment is made in full **30 days** prior to the first day of the May Training, and **six weeks** prior to the August and September Trainings. **Please make the men whom you've been inviting to the Training aware of this price change. THANK YOU!**



# I'm interested in men's work. How do I connect with P2SW?

## Monthly Virtual Open Circle

Our inaugural P2SW **Monthly Virtual Open Circle** was a success!

Participants joined together for community, connection, and reflection. David Lindgren and Tim Goldich gave their blessings for this new endeavor. Steve Chervony gave an impactful talk on what Path to Spirit-Warrior is about and what it offers.

We encourage Brothers to come, and to invite other men who are interested in Path to Spirit-Warrior and personal growth work. Mark your calendar for the third Monday of the month. Our next virtual meeting will be on **Monday, April 21, 2025, 6:00 – 7:30 PM (CDT) = 7:00 – 8:30 PM (EDT)**. Please contact **David Hancock**, [dzzh1983@gmail.com](mailto:dzzh1983@gmail.com), or **Paul Najar**, [najarpaul@gmail.com](mailto:najarpaul@gmail.com) for the Zoom link.

“All of you is welcome in our Circle!”

## Chicago-area In-person Open Circle

This group is for *both* experienced P2SW grads *and* newcomers who have never participated in an NWTA or any personal growth work. We're creating it to be an ongoing circle that would allow men to maintain connection and move forward with their work.

Next meeting on **Monday, March 24, 2025**. Please contact **Bob Copeland** at **847-508-0123** for detailed information.

## What's happening in the months to come?

### Online Workshops

Coming soon, we will be presenting short (one-hour) online Path to Spirit-Warrior workshops on everything from crafting Spirit-Warrior mission statements to active listening. These are designed to give participants a taste of the P2SW Training. All are welcome, men and women, P2SW alumni, friends and family, and the general public.

Stay tuned for a future announcement about the first of these workshops.

### P2SW 30<sup>th</sup> Anniversary Celebration

Next year will mark the 30<sup>th</sup> anniversary of the first P2SW Training offered in 1996! We anticipate a celebratory gathering in the Chicago area. Please keep an eye open for a survey coming your way about this event.

## P2SW Training February 21-23, 2025 Testimonials

### **Loren Bondurant**

My P2SW experience was wonderful and profound. My "life review" process contained several surprises. Reflecting on it a week later, I'm filled with a sense of peace gained through increased overall clarity around my family roots, the past paths I've walked, and the directions I want to head in now. It was a deep honor to witness and participate in other men's processes, as well.



### **Dave Koyne**

The P2SW weekend helped me uncover and hold space for the burdens in my life, and not only do I now have awareness of how they were controlling me and causing pain in my life but now I can tap into my spirit to find ways to transcend them and use them to create new life strategies. There are not enough places in the world for men to meet a community of other men that will meet and accept them where they are in their life and help them to take the next step to overcome some of the pain in their life. If you are in that place and somehow hiding away, you need to come to one of these weekends and let the light shine and let these talented and wonderful men do their great work with you.



### **Tom Sufleta**

It was profound to realize that I have a conscious choice in whether to pick up or 'go off' my burdens. After having done several trust walks, it was the first one where I felt I was not alone walking through life, but that I could walk step-in-step with The Universe (Spirit). I cried when I was told, 'Are you ready to be taken care of like never before in your life?' WOW! By Sunday morning my heart was blown wide open with unconditional love. I'm so grateful to all my fellow Path to Spirit Warriors and all the Guides for all the vulnerability and trust you have expressed!!!



### **Carmen Gambino**

My experience on the weekend came with many surprises. I gained a lot of personal insight through the ways the mentors and facilitators explained things and assisted with the processes. I have not felt that supported and cared for in a long time. All in all, it was a profound experience that supplements the NWTB beautifully and has allowed me to dig even deeper in my journey of being the best version of myself I can be.



## Photos from the February 21-23 P2SW Training Weekend



### Shane David Snoop

I now realize that I do have gold that I can share, without judgement, that my brothers lovingly showed me all that I behold within. I have been missing my target, and now I know why thanks to the Head Guru Steve, who dug deep to reveal the source of my "Shania-Mode."

I now see that sometimes, that my overly robust enthusiasm tragically gets my train moving like a run-away-train, (and this is when the blessings are turned into a curse).



Magnificent Mark, the Telekinetic Yeti and a powerful "Impact Player" shared wisdom countless times with me over the weekend, but this advice stuck to my core (and has helped shape my rebirth as Shane David in proper fashion) as it came from a man who took an oath in life to do no harm. "People tend not to change, until the Pain of SAME, is worse than the PAIN of change".



## Gus Knorr

I now realize that my burdens held me back and I can choose to keep holding on to them or get off my burdens to keep them from holding me back. I received so much love and felt comfortable sharing openly, honestly and authentically about myself, which made it an amazing experience. I've already noted positive changes in my relationships and I'm excited to see what the future holds. I finally realize that I don't have to be perfect – just authentic.



## Mark Meacham

I had a wonderful P2SW weekend. As I "joined" the circle of men, as an equal, I felt safe and cared for. Having been through an NWTAs, and staffing many, I call it NWTAs 2.0. I felt like it was a little less physically challenging than the NWTAs, but with all the participants having done work already, we moved quickly into the "juice." Once again, I was forced to look at myself and am now able to apply what I learned to my current relationship. I look forward to staffing and being part of the P2SW community.



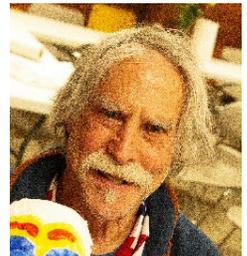
## Matthew Frantz

When I signed up for P2SW I had some reservations about whether or not I would get anything out of it given how much effort I had put into my own healing journey over the past year. Oh, how I wrong was! Never in my life have I felt so cared for, so loved, so seen and heard by a group of men. Everything was taken care of, so the only thing I needed to do was simply be, which in my day-to-day life is often unavailable to me. Every process had a purpose. Every event helped me unlock, uncover, and grow parts of myself. During the holotropic breathing I revisited an emotionally charged memory from my childhood that brought out a deep sadness in me. My Guide took my hand and made me feel so loved in a way that was never afforded to me as a child. The life review provided an unparalleled level of clarity into many events that unfolded in my life in a way I have never experienced. Every man who was there was just so happy to be there and to be in support of my journey. It was truly inspiring, and I intend on going back as staff in the future!



## Paul Schiff

I thought that I could never apologize to my ex-wife. What a freeing event.



## Seamus Hatch

My expectations were high going into the weekend. There was a masterful balance between supportive love and care creating a safe space for deep work to be done. There was no hiding place; walls were coming down enabling what hid behind them to be processed. I left the weekend with a deep sense of joy, connection and optimism. What I did not anticipate was the profound, positive and enduring changes in my most important relationships.



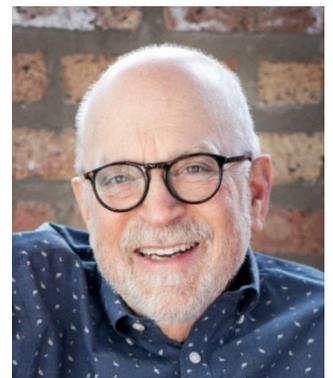


## **Profile of Path to Spirit-Warrior (P2SW) leadership**

### **Guide/Trainer/Facilitator – Marty Zitlin**

This issue of the Newsletter profiles and highlights the ascendancy of a relatively new P2SW warrior and leader, Marty Zitlin. You may recognize Marty as Emcee of the more recent P2SW Family Reunions where he does a great job introducing new Spirit Brothers to the community and provides guidance as to how they can share their weekend experience with all attendees.

Marty was born in Chicago some 72 years ago and is the youngest of three children (two older sisters). Marty's dad, Sol, and his brother owned and operated an automobile parts manufacturing company (radiators, heater cores) and his mom Ruth was a homemaker and secretary. Marty attended elementary and high school in and around the Chicago area and was elected 8<sup>th</sup> grade class president and served as a school mascot in high school. Marty received a 4-year scholarship from the Blum-Kovler Foundation to attend Southern Illinois University where he earned a Bachelor of Science



degree in Communications, which launched his successful career in the field of Production and Communication.

Marty's career has been involved with Production and Creative Services for a number of companies that serve Fortune 500 businesses. Some notable highlights from his past include working with clients from IBM, AT&T, Hyatt Corporation, American Veterinarian Medical Association and the International City/County Managers Association. He has also produced many musical performances and live events in a wide range of settings, including those at Rosemont Theater, Soldier Field and the Robert H. Lurie Comprehensive Cancer Center at Northwestern University in Chicago. He has also produced TV spots and video presentations for "on-air live" and sporting events and served briefly as an Adjunct Professor at Institut Lyfe in Lyon, France, where he taught international students about new technologies and strategies useful in creating world class events.

Marty has received numerous awards for his achievements, including the Meeting Professional International Excellence Award, the MPI Paragon Awards, the ACE Award and an Emmy Award for the children's program "The Magic Door".

Marty now runs his own Production and Event Strategy Company (Meeting Dr., [TheMeetingDoc@gmail.com](mailto:TheMeetingDoc@gmail.com)) that specializes in designing onsite meetings and events that positively impact the culture and critical mission of an organization. He currently resides in Wilmette, IL and has been married to his wife Nancy since 1993. He has two children, Amanda (40) and Matt (28). In addition to his involvement in P2SW and the Mankind Project (Executive Producer – "Man Talk" Radio Program), Marty is very active in many other community events.

Marty's involvement in P2SW started after doing a New Warrior Training Adventure in 1992 with David Lindgren as one of its leaders. Marty, and two other members of his I-Group, did the P2SW training together in 2002 as a celebration of their 10<sup>th</sup> anniversary of the NWTA. This initiated his commitment to serving the P2SW community. When Marty decided to begin preparing for retirement, he knew he needed to keep busy with things he was committed to, so he decided to step up and take a leadership role at P2SW. The P2SW community is very happy he did.

Marty wants all new P2SW brothers to know that the training weekend is a personal journey, so he chooses not to even speculate what outcome they may experience as it would seem presumptuous on his part. All he knows is that every time he staffs a weekend, miracles happen.

One last interesting tidbit from Marty's past. His career allowed him to meet some very well-known artists and politicians and during one such event in Washington DC with former President George W. Bush he was ALMOST shot by the Secret Service. This event coincided with the 10<sup>th</sup> anniversary of the 9/11 attack and there was a lot of security present including the Secret Service. Fortunately, Marty had met all the President's security detail before the President ever arrived on site so as he was walking the President and first Lady to the stage, he placed his hand on the President's chest to prevent him from going to the stage too early. Out of the corner of his eye, he saw a Secret Service agent move his hand to his waist as he began to remove his weapon. A close call indeed, that he laughs about now, but for a moment there he thought he was a goner! Marty remembers that immediately after he touched the President, he looked Marty in the eye and said jokingly: "You must be a very important person!" We have to agree Mr. President.



**May 9-11**  
**P2SW Weekend**

## Who Do You Know?



Our May 9-11 P2SW weekend is beginning to fill up, AND... we still have seats available. Who would you like to invite to join us?

**Regular registration \$950.**

**Early Bird Discount of \$100 available until April 9<sup>th</sup>.**

Share the work of transformation and  
Spiritual empowerment with others...

To learn more or apply for this weekend contact Bill Costantino

[Bill.C@W3GroupLLC.com](mailto:Bill.C@W3GroupLLC.com)

616-528-2225

## How can I support the work of Path to Spirit-Warrior?

1. **Tell** the men and women in your life about this transformational work.
2. **Volunteer:** your abilities to advance a wide range of projects. Contact **Jay Stark-Dykema** at [jrsdykema@gmail.com](mailto:jrsdykema@gmail.com) for more information.
3. **Donate:** Your generous support is received with gratitude, and will be used for the transformational work of the P2SW Training.

You can make a financial donation via credit card, [HERE](#).

Or, you can donate via Zelle by using this QR code:

Scan this code in your bank's app to pay  
WAY OF THE WARRIOR, LTD.  
j\*\*\*r@gmail.com



**zelle**<sup>®</sup>

**P2SW Newsletter Team**

**Nick Donato, Organizer**

**We welcome your comments and suggestions – [njdonato54@gmail.com](mailto:njdonato54@gmail.com)**