

# P2SW Reflect

..... Newsletter | March 2023 | vol. 11



"It was the most profound weekend since - well, birth." - Kevin Browne

## Coming Events

### **P2SW Weekend**

May 19-21, 2023

#### ***Camp Duncan***

[32405 N. US Hwy 12](#)  
[Ingleside, IL 60041](#)

### **P2SW Weekend**

August 4-6, 2023

#### ***Camp Michiana***

[7383 Steinbauer Rd.](#)  
[Niles, MI 49120](#)

### **P2SW Weekend**

October 19-21, 2023

#### ***Camp Duncan***

[32405 N. US Hwy 12](#)  
[Ingleside, IL 60041](#)

[more info](#)



## **Making the Path to Spirit Journey**

***Ross T. Lucas***

The March 9-12 Path to Spirit-Warrior weekend started long before the men arrived. The morning they came, the guides awakened to four inches of fresh snow. It was in that snowy environment that eight men came to walk their Path to Spirit.

The weekend is about connection, about a man connecting with Spirit and with other people in his life. The energy of the whole weekend is about welcoming, caring, and creating safety. The difference between the New Warrior Training and Path to Spirit-Warrior is that P2SW maintains a balance between challenging a man, supporting a man, and letting him know he is cared for. One man asked what I thought the difference was, and all I could think to say was that it was *'different.'* He suggested the word *'ineffable'* to describe the experience.

One man who attended this past weekend had been told before he came that this weekend was different from the NWTA. Following the life review exercise, he came to me and said, "This isn't guts!" He had still been expecting things to be similar to *'guts.'* Going through the process made it clear that it was different.

The men who went through the work came to understand more about themselves and how their experiences growing up, particularly their family of origin experiences, formed them to be the men they are today. However, it isn't just about head knowledge, the weekend is about transforming lives and transcending the old way of relating to the world and to loved ones, as well as finding a blessing in how a man relates to himself. No one entering into the Spirit of the weekend comes out the other side without being changed.

As one of the guides, I found the weekend to be physically tiring but emotionally and Spiritually energizing. The real test for the value of the weekend is how the men who went through feel after it's over. What I hear those men saying is that they have discovered a new level of joy,

hopefulness, and a whole lot of thankfulness for having had the opportunity to walk the Path to Spirit.

## Want to serve as a Guide?

Please contact the Training Coordinator Team

via **Jay Stark-Dykema** at [jrsdykema@gmail.com](mailto:jrsdykema@gmail.com)



“Who do you know who...”

...would benefit from a Path to Spirit Weekend? Please reach out, connect, invite men to this work; men who are ready to step into a new way of Being... inspired by Spirit. We have immediate openings for the upcoming Chicago weekend May 19-21 at Camp Duncan in Volo, IL.

If men have an interest in the May weekend, please have them contact me ASAP. If they are interested in the August or October weekends, please encourage them as well.

The next step is to contact the

*Enrollment Coordinator, Bill Costantino,*  
at [Bill.C@W3GroupLLC.com](mailto:Bill.C@W3GroupLLC.com)

“Who do you know who...”





*My Path to Spirit-Warrior weekend caused a major shift in the axis of my life and my soul. I've finally made peace with not only my shadows, but now with the patterns of wounding in my life and the resulting burdens I've carried. I'm feeling a new lightness and ease in now realizing how these old patterns have actually been a GIFT and have allowed me to surrender into my evolving Path to Spirit.*

*My Spirit's Blessing: "I no longer feel bound by my family's shadow and trauma. In Spirit I am complete and whole; unconditionally loved and loving."*

-- DAVE TUSCANY



*I came to the P2SW weekend tired and conflicted about my current employment and relationships. At the weekend, I got what I didn't know I needed - loving care from other men, new friends, deeper relationships with current friends, and an awareness of spirit that allowed me to be vulnerable and open in a whole new way. While I am accustomed to leading other men, the men on this weekend led me to a place of being able to be authentic in new places and most of all, with myself. I am so glad I attended this weekend, and now want other men in my world to experience this level of deep love and care. Thank you for making this possible for me.*

-- BILL DODGE



*P2SW was certainly transformative. Yes, it was transformative in content, the way many retreats can be, but what I believe singles this out is the support and inspiration of such a wide range of guides who are prior participants. The support, care, comfort and outpouring of love change the model for me of what a room full of brothers might be. It is rare in my world to see men unguarded, but this program reveals the power in that support and its healing nature. Content and support. I'm not the same man I was before the weekend.*

-- PATRICK CONLIN



# Path to Spirit Warrior

THE NEXT STEP IN YOUR JOURNEY AS A MAN

---



---

*Copyright © 2023 W.O.W. / P2SW, All rights reserved.*

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

