



**SAVE THE DATES!**

## Path to Spirit Warrior Weekends for 2024-2025

All Training will take place at Michiana Christian Camp – Niles, MI

May 17-19, 2024 Michiana Christian Camp

August 9-11, 2024 Michiana Christian Camp

October 25-27, 2024 Michiana Christian Camp

March 7-9, 2025 Michiana Christian Camp



To Register or for more information contact:

Bill Costantino, Enrollment Coord.

Bill.C@W3GroupLLC.com: 616-528-2225

Pathtospiritwarrior.com

Tuition - \$800 Deposit to Register - \$100



# **P2SW Training March 8-10, 2024 Testimonials**

## **Brian Boyer**

"After retiring 3 years ago, I have focused a lot of time and energy investigating my spiritual identity (as opposed to the religious identity I grew up with). The P2SW weekend helped me in two critical ways: connecting me to a deeper sense of spirit and helping me use that spirit knowledge to improve my relationships with my spouse and others in my life. An added benefit: it also provided new clarity and reinforcement of my warrior mission: I create a more conscious, authentic world by building community and connection one human at a time".

## **Chris Cullen**

"Definitely a memorable experience. My hope is that the weekend will have a lasting effect, even in ways I can't grasp just yet. Perhaps more will be revealed. I found the life review to be the most beneficial piece of the weekend; being that I wasn't cured of my self-centeredness, I like when it's all about me, right?! In all seriousness, I want to acknowledge the love and support from the guides, mentors and my brothers. I was moved multiple times witnessing their work as well. But to be surrounded by all the men, supported, heard, pushed and uplifted in love, is an experience I can't imagine can be found anywhere else. The burdens, the breathwork, the visualization, the yoga, meditation, gratitude meeting, and just the overall fellowship, were all beneficial processes of the P2SW weekend. I'm also grateful that there was always coffee & tea, as well as really good food. And I especially appreciate Bill & Tim for their guidance during my life review, as well as the presence of Bob & Andreas. Thank you to all who've developed and kept Path 2 Spirit Warrior training going over the years to bring it to us this time."

## **Christopher Passmore**

"My experience was transformational and timely. The path to spirit was a journey into the root of my sense of self, "my story". Being guided through this house of mirrors was an act of trusting courage. Trusting in a process that was unfolding in real time and trusting myself to take each step along this path. Being surrounded by supportive and loving, brand new, courageous brothers was humbling. I could not do this work alone. The beginning of my journey was dark as a moonless night. On the final day of the weekend, I felt clear and inspired by the tools I acquired to help me function better in my daily life. As I sit here today, I realize that the weekend is actually an introduction/invitation to shift the lens of how I see myself and how I perceive experiences with others. The use of these tools is to be practiced as if my joy depends upon it.

In spirit (strangers in the world), I am at peace."

## **Garrett Mohny**

"The Path to Spirit Warrior weekend was transformative, insightful and awe inspiring. Through the many processes and teachings I was able to reflect on my life so far, reconcile with past events and gain a renewed perspective of who I am in person and in spirit. I have come away from the weekend filled with peace, love, and commitment towards living an abundant and grateful life. I highly recommend any man looking for a deeper and authentic understanding of his life to attend one of these weekends."

## **Paul Cushman**

“This was one of the truly unique experiences of my life. I was able to achieve relief and healing through a weekend of work, both receiving and giving support to the other men, seeing them do their "work", witnessing their experiences, their growth, and healing too in an incredible bonding experience.”

## **Joe Dailey**

“Ken Otto has sat in my I-group for 4 years and has frequently talked about P2SW and introduced processes including Reflective Check-Ins and Carings. He has also asked repeatedly if I would be interested in attending a training weekend. I finally enrolled because a good friend of mine was already enrolled for last month's training.

I found the training and the Work I did there to be profound. Using many of the tools with which I am familiar with from my time in MKP, my P2SW facilitators took me on a spiritual journey through my life. Lessons I learned early on kept showing up at different stages and into the present. Fear about my parents' silent indifference became isolating to protect myself as a teen, then acting out with drugs and sex to just DO SOMETHING, became a workaholic, became not really letting love from my loved ones into my life because I have been "suspicious of their motives".

My Spirit Blessing is: I am no longer suspicious of your motives. In Spirit I am loved, loving and lovable.”

## **Milestones**

### **Gary Merel, P2SW - 2021**

Gary Merel and 3 other P2SW brothers have created an organization called “Heal The Within” which focuses on helping men recovering from a significant health crisis find a way back into their lives. If you are interested in learning more, I encourage you to contact Gary at [garymerel@gmail.com](mailto:garymerel@gmail.com) or Ph 732-208-2836.

### **Alan Newton, P2SW - 1998**

I am a photographer. I cover sports, events and I tell people's stories. In 2012 I worked with Goodwill to tell the story of the street homeless in Traverse City. I had three exhibitions of what I called The Other Traverse City: Photographs and Interviews with the Homeless. The milestone...I was in Taco Bell 3 weeks ago. Marvin was there. He was one of the homeless I interviewed 12 years ago. He was glad and excited to see me. I have been researching the homeless problem in Traverse City. Here was a way in again. The milestone involves finding the 23 people I interviewed 12 years ago. I have found 10 so far. It is a Where Are They Now show with the years detailing the stories of people I found hopefully with stories of success, the obituaries of those who have died, and the "I couldn't find" for some of them. With the stories and photos will be an update of the current state of homelessness in Traverse City.

For more information contact Alan by email [alan@newtonphotography.us](mailto:alan@newtonphotography.us) or call 231-342-0147.

### **Jerry Hickey, P2SW - 1999(?)**

Some milestones of note include living in Paris, France, where I am a dual-national French+American citizen, have my Masters in Psychology from Northwestern University, and am a produced playwright. Don't worry though. My relationships with women still suck. Anyway, I recall the weekend with such a sense of gratitude and humility, and the scent of sage will forever permeate the molecules of my being.



## Profile of Path to Spirit Warrior (P2SW) leadership

### Guide/Trainer/Facilitator – Jay Stark-Dykema

Jay was born in Bozeman, Montana, 69 years ago (BD 6/15/1954) and lived on the family farm near there till 8<sup>th</sup> grade. The family then moved to Portland Oregon, where his dad (Dick) worked as a truck driver and mom (Gertrude) worked in an insurance office. Jay has 3 sisters (2 older/1 younger). As a young man, Jay developed an interest in becoming an ordained minister and attended Calvin College (Grand Rapid, MI) which had an associated seminary connected with the Christian Reformed Church, which was very familiar to Jay as he grew up in that denomination. However, after his first year at Calvin, Jay switched from the pre-seminary program (for a variety of reasons) to a psychology major instead, largely due to his interest in working with people. He received a Bachelor of Arts degree in Psychology from Calvin. Later, he went through a training program for lay Spiritual Directors at Columbiere Center in Clarkston, MI. A few years later, Jay was granted a Master of Arts degree in Pastoral Counseling from Loyola University Chicago and received Basic Life Coach Training from the Institute for Life Coach Training in Ft. Collins, CO. Jay is a Licensed Professional Counselor in the state of Michigan. Jay held several positions during his career and retired (2019) from his last position as a "mental health therapist" at Community Mental Health Authority of Clinton, Eaton & Ingham Counties where his caseload consisted of families with kids and teenagers with serious emotional and behavioral disorders. Jay has been married to LouAnn for 40 years (congratulations!), has two sons, but no grandkids just yet.



Jay met David Lindgren in 1991 (at his NWTA) and started participating in the New Warrior community in Chicago. This led to Jay becoming very involved in the design and execution of the first P2SW training weekends with David and Rob Ahrens. Jay quickly developed a passion for P2SW, and he continued to serve on the Guide team as he found it very fulfilling to help facilitate experiences of emotional and spiritual growth and healing. Jay has been so involved as a P2SW Guide that he only recently went through the P2SW training weekend (October 2023) as a participant.

Jay spent quite a few years away from P2SW due to his move from Chicago to Lansing, MI in 2001. Upon his retirement and because P2SW training events were being held near Benton Harbor, MI, Jay had more time and opportunities to reengage with P2SW. Through Jay's dedication and keen interest in contributing to this worthy cause, and his background in administration and organization, Jay agreed to engage in a leadership position in

P2SW. Jay credits Ren Snyder with his vision of having a “Training Coordinator Team” in 2022 as a key component in his recruitment and service as a P2SW leader.

As a committed leader in P2SW training, Jay hopes that new P2SW participants will accept an intentional surrender and connection to Spirit that enables a shift toward self-acceptance, self-forgiveness, and a realization that their “perfectly imperfect” past no longer needs to define their sense of who they are now. He also believes that this acceptance will provide an opening to realize what they sense Spirit wants them to do and be.

Through his life experiences, Jay has also learned to be skeptical about all his beliefs.

When asked to describe one thing about himself that most people don't know, and he'd be comfortable sharing with his P2SW Spirit Brothers he stated that in his mid-twenties he learned how to install carpet. That led to him becoming a co-managing partner for 7-8 years in a carpet and floor-covering business centered in Grand Rapids, MI. He went all over the west-Michigan area installing carpet, tile and linoleum in homes, schools, and businesses. He learned how to run a small business and learned how to keep from letting the business run him.

I think you get a feel for why Jay is such a beloved Spirit Brother. His compassionate and gentle spirit, honesty, never-ending smile, background, and heart-felt care for others make him an extraordinary leader and member of the P2SW community. It is a true blessing to have Jay as a friend and Spirit Guide to all of P2SW and we can't imagine this community without him. Thanks, Jay, for all your hard work and dedication.

## Photos from March 8-10, 2024 P2SW Training Weekend











