
P2SW Reflect



"It was the most profound weekend since - well, birth."

- Kevin Browne

SAVE THE DATES - P2SW Weekends for 2025, '26 Michiana Christian Camp - Niles, MI

August 8-10, 2025 - Early Bird Discount – by July 8th

October 17-19, 2025 - Early Bird Discount – by Sept 17th

February 13-15, 2026 - Early Bird Discount - by Jan 13th

April 24-26, 2026 - Early Bird Discount - by March 24th

August 21-23, 2026 - Early Bird Discount - by July 21st

October 23-25, 2026 - Early Bird Discount - by Sept 23rd



To Register / more info: **Bill Costantino, Enrollment Coord.**

Pathtospiritwarrior.com Bill.C@HTAtogether.com **616-528-2225**

Tuition - \$950 / \$850 with Early Bird discount; Deposit to Register - \$100

What's happening in the months to come?

Online Workshops

Coming soon, we will be presenting short (one-hour) online Path to Spirit-Warrior workshops on everything from crafting Spirit-Warrior mission statements to active listening. These are designed to give participants a taste of the P2SW Training. All are welcome, men and women, P2SW alumni, friends and family, and the general public.

Stay tuned for a future announcement about the first of these workshops.

Monthly Virtual Open Circle

Participants join together for community, connection, and reflection. We encourage Brothers to come, and to invite other men who are interested in Path to Spirit-Warrior and personal growth work.

Mark your calendar for the third Monday of the month. Our next virtual meetings will be on **Monday, June 16, July 21, and August 18, 2025, 6:00 – 7:30 PM (CDT) = 7:00 – 8:30 PM (EDT)**. Please contact **David Hancock**, dzzh1983@gmail.com, or **Paul Najar**, najarpaul@gmail.com for the Zoom link.

“All of you are welcome in our Circle!”

Chicago-area In-person Open Circle

This circle is your place to connect in-person and continue on your path toward personal enlightenment and spiritual growth. We're including P2SW grads, MKP Warriors, and men who are new to personal growth work. Meetings are at the ICA Building, 4750 N. Sheridan Rd in Chicago.

Mark your calendars for the second Monday of the month. The next meetings will be on **Monday, July 14, August 11, and September 8, 2025, 7:00 – 9:00 PM (CDT)**. Please contact **Bob Copeland** at **847-508-0123** for detailed information.

P2SW 30th Anniversary Celebration

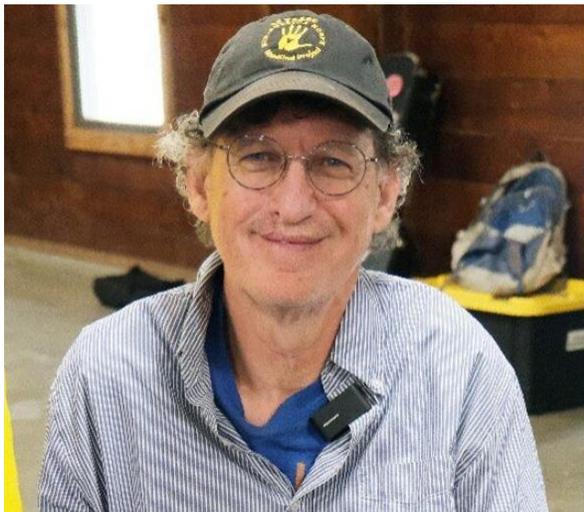
Next year will mark the 30th anniversary of the first P2SW Training offered in 1996! We anticipate a celebratory gathering in the Chicago area. A survey about this event was already sent to all of our Spirit Brothers. If you haven't seen it, please press [this link](#) to respond ASAP. The survey closes soon. Your participation allows us to design an event that you want to attend.

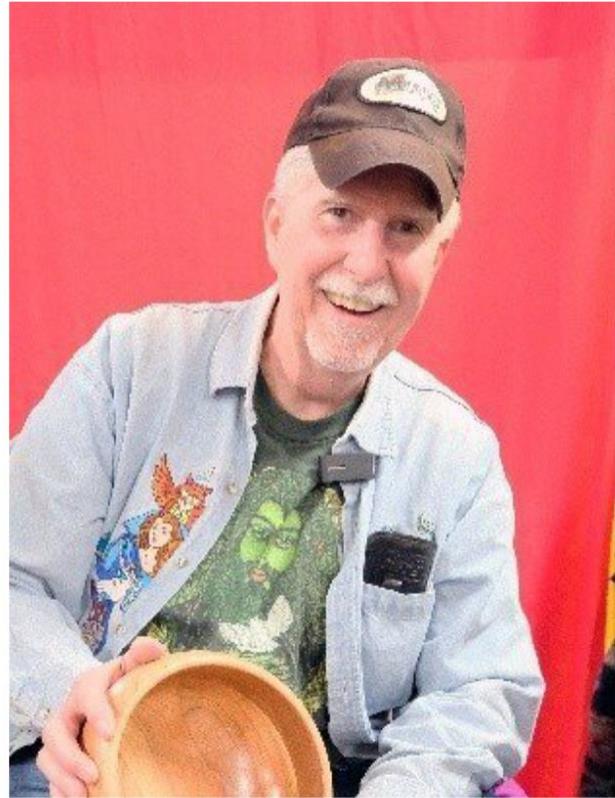
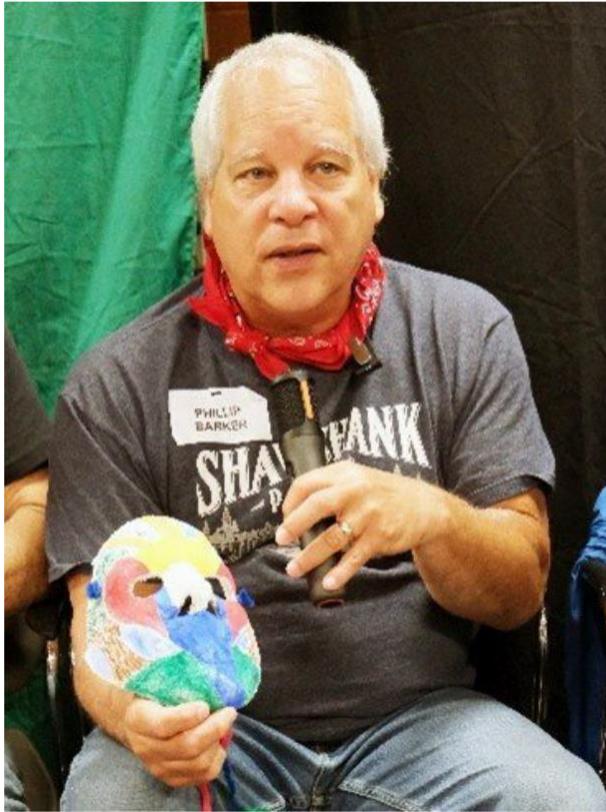
And we need volunteers to support the event. Please contact Marty Zitlin at mzitlin@comcast.net to discuss how you can be involved.



On the P2SW Weekend, I found some insights on how my Parents' behaviors influenced my reactive behaviors, which helps me to see how my responses to my partner can be improved.

- Mike Murphy





Three aspects of my recent P2SW experience had an impact on me. The first was witnessing and experiencing a sacred container of love, intention, and trust from a band of men serving through Spirit. This was humbling. The second aspect was, for me, the “missing piece” in the NWTa experience was present during P2SW— showing up through the king and lover was key to bringing things full circle. Which leads me to the 3rd aspect, recognizing in clear detail the reoccurring “theme” in my life to date, identifying where/when that emanated, and understanding how I can choose to live and relate differently moving forward.

- Nathaniel Muncie



The weekend was an eye opener. I didn't know what to expect, except that it was going to be serious work surrounded by a lot of good-willed men. I had no idea. To be led by the arm into a sacred space with sincere attention by a personal mentor is something I had not known before. And practicing heart work rather than trying to get my mind about thoughts and concepts—I was in rapt attention the whole weekend. It was an oasis in a desert. I shouted my truth without reservation, wept with abandon and discovered things I knew but had not known deeply enough for the knowing to be of value rather than nearly hidden, painful, confounding memories. Heart work is not mysterious; it's just a quest for truth that sets us free. I came home with some blinders removed with respect to my relationship with my wife, with practical clarity that a complicated past does not need to remain a burden—I am not irreparably broken—and my marriage is a crucible for discovery if I just listen with loving intent. Spirit is the heart of the matter. The word suddenly has new, deeply personal meaning: it points to something like “the energy of personal evolving” offered and received in the moments when “grace” happens that sustains our most important relationships.

- David Dunn

Profile of Path to Spirit Warrior (P2SW) Leadership

Guide/Trainer/Facilitator – Will Haskin

This issue of the P2SW newsletter profiles one of our younger leaders/guides, Will Haskin. Will was born on June 21, 1989, in Buffalo Grove, IL to a loving mom Judy and dad Tim and one older sister Kate. Growing up Will had, and still has, a wide variety of interests, but harbored a keen interest in Everything Music since about 6th grade. He played in concert bands, jazz bands, show bands, rock bands, and every other form of musical performance you can imagine. He started a rock band in 8th grade that stayed together through college as they had an inseparable bond that centered on music. One of my fond memories of my P2SW training weekend was awakening to Will singing “Oh what a beautiful morning”. The morning was rather cold and gloomy, but Will’s voice elevated the beauty of the day.



Will's parents were hard-working people from humble beginnings. His mom worked as a bank teller and dad worked in telecommunications. His mom was a great cook and was very artistic and his dad loved to build and fix things and was especially skilled in problem solving. Together, they exemplified integrity and hard work, and some of Will's fondest memories are the simple, but largely lost ritual of always eating meals together real family time. Time to appreciate each other and share the wonderful virtues that made Will what he is today. Will's older sister (4 years older) was a high performing student and although Will certainly played the role of an annoying little brother, she was always supportive. They remain close and Will describes her as an amazing mother of five children.

Will developed an interest in culinary arts after high school and achieved an AA in Culinary Arts at Western Culinary Institute in Portland, OR in 2011. He used that training and education to be all things in the restaurant and food industry and has worked at many famous restaurants including Graham Elliot, Spiaggia, Intro, and Aba, in a variety of capacities. He's also tried other professions including factory work, painting, monument building, and construction but he always returned to the culinary arts and today he helps manage and teach at a recreational cooking school in Chicago. Will and his lovely wife Nicole were married last summer, and they are expecting their first child in November.

Will had been on an NWTA but was not sure that P2SW training was something he needed. It so happens that he was invited to attend by his wife's late stepfather, Gerry Walanka. Gerry invited him to attend the training in 2021 and since his health was beginning to decline Will thought he was doing it to support him, but little did he know what he'd stumbled into. That warrior weekend strengthened the bond between Will and Gerry (and many other men) and Will experienced the beauty and awesomeness of a P2SW weekend. He was hooked on helping others experience the same.

P2SW leadership came quickly after that. After his very powerful weekend experience, Will was drawn to the processes right away and, although he wasn't sure that he was comfortable in seeking out a leadership role outright, he was hungry to learn. Senior leaders noticed that interest right away and really helped him step into his confidence. Will believes that central to his stepping up was the incredible group of men who trust him to lead. Without this support and the confidence from all the people aligned with the training, he feels his leadership wouldn't amount to much.

Will wants all spirit brothers to realize the weekend training can be a springboard into the rest of their life. He believes that your willingness to lean into pain and fear and open yourself up to authentic connection will always bear gifts. He explains that taking a blind leap into understanding the unconscious ways we move through life can feel almost life-threatening, but this is where life begins. He reminds us to never stop experiencing new things.

One last reflection into the mind of Will. He recalls that one of his first and most memorable childhood dreams was having the ability to fly. There is something about the freedom of it. He loved birds and aircraft, and he would collect little fact sheets on both that came in the mail. He still has dreams of becoming a pilot or learning to paraglide someday. Will, we all wish that you never stop dreaming.

The process I experienced at the P2SW weekend shed an entirely new light on my life, and how I show up, in all my relationships. I was able to see exactly "the how and the why," of my entire life history, the burdens I've unknowingly carried, and the disconnection that I've created. During the weekend, I experienced a level of love, connection, and skilled guidance from other men (Guides), that was beyond amazing. Especially considering that they were all volunteers, and that many of them had only attended their own previous P2SW weekend! I was shocked at the number of men that showed up, to support me and 9 other men (Spirit Brothers), who were all there for the same reasons I was. It was a spiritual experience, in a very personal way. Not religious, in any way, shape, or form. Furthermore, it's not a "one and done" weekend. The Guides, and my new Spirit Brothers, are continuing to work together in a "Mastery" program. I'm learning how to show up for me, instead of abandoning myself (and others). I feel like a warrior. In fact, I am a warrior. A spiritual warrior. Thanks, my P2SW guys! Every one of you are truly spiritual warriors..

- RJ Guiney



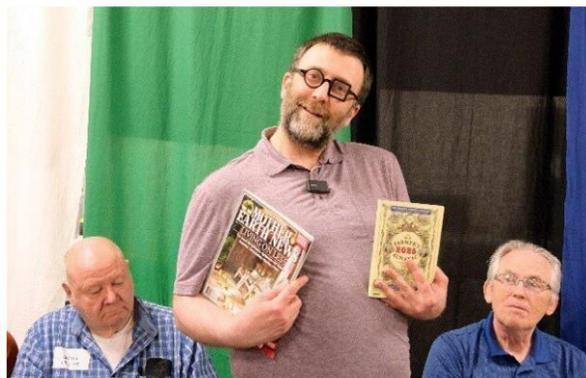
My time at the weekend was enlightening and challenging. I've attended I-groups for years, and done several gut work weekends, so I thought I knew what I was in for. The life review process allowed me to dig deep and discover early traumas I had sealed so tightly I no longer knew they were there, even as they affected my relationships in the current day. What I discovered on the weekend has now become a new rabbit hole, full of work to do in I-groups and further weekends. The Mastery sessions are also giving me a space to continue to explore my work. "I am no longer at the mercy of my circumstances - blessed by the spirit of my Tiger, I am indomitable and thriving."

- Jacob A Paquette



The P2S weekend was an opportunity to open the heart, the mind and spirit to greater truths about how our past shapes our current thoughts, words and actions. Knowing those deeper truths allows us the opportunity to reshape our thinking and more masterfully approach our relationships.

- Ivan Witt



Audio Testimonials

[David Lindgren Interview](#)

[Philip Interview](#)

How can I support the work of Path to Spirit-Warrior?

- 1. Tell** the men and women in your life about this transformational work.
- 2. Volunteer for a Team:** Your skills, wisdom and enthusiasm will help shape the future of P2SW. We're looking for men with skills in marketing, administration, and finance. Please contact **Jay Stark-Dykema** at jrsdykema@gmail.com to let us know how you'd be willing to serve.
- 3. Donate:** Your generous support is received with gratitude, and will be used for the transformational work of the P2SW Training.

You can **support P2SW with a gift today**, via credit card, [HERE](#).

Or, you can **donate via Zelle** by using this QR code:

Scan this code in your bank's app to pay
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