
P2SW Reflect



*"It was the most profound weekend since - well, birth."
- Kevin Browne*

SAVE THESE DATES!

Path to Spirit Warrior Weekends for 2026 - Michiana Christian Camp - Niles, MI



February 13 - 15, 2026 - **Early Bird Discount—by Jan 13th**

April 24 - 26, 2026 - **Early Bird Discount—by March 24th**

August 21 - 23, 2026 - **Early Bird Discount—by July 21st**

October 23 - 25, 2026 - **Early Bird Discount—by Sept 23rd**

To Register / more info: **Bill Costantino, Enrollment Coordinator**
Pathtospiritwarrior.com bill.c@HTAtogether.com 616-528-2225
Tuition - \$950 / \$850 w/ Early Bird Discount Deposit to Register - \$100

NOTE: Training Fee Increase for 2026

Effective beginning with enrollments after December 31, 2025, the fee for the Training will increase to \$1150, with a \$150 Early-Bird discount if payment is made in full 30 days prior to the first day of the Training. This new fee will include the cost of Mastery groups following the training.

Please make the men you've been inviting to the Training aware of this price change. THANK YOU!

What's happening in the months to come?

There are monthly Virtual Open Circle meetings on the first Wednesday and third Monday of the month. There are also In-person Open Circle monthly meetings in Chicago and the Grand Rapids area of west Michigan. If interested, details can be found at the P2SW website via the link below:

Upcoming In-Person and Zoom Open Circle Meetings for P2SW

"All of you is welcome in our Circle!"

Collaboration with MenLiving

P2SW has started building a collaborative relationship with another men's work organization called **MenLiving**. *A virtual, **joint meetup** designed to introduce participants in MenLiving to the P2SW Training is scheduled for **Monday evening, January 12, 2026**.* Please mark your calendar.

MenLiving is committed to improving men's lives through connection. Their focus is to create opportunities for men to gather together to give and get support and build friendship. For more information, please click [here for the MenLiving](#) website. There's a [weekly newsletter](#), and an extensive [Calendar](#) of meetups and events, some facilitated by P2SW grads.

30th Anniversary Celebration - SAVE THE DATE

Time marches on for Spirit Brothers... You likely have had high school reunions or college or fraternity reunions. Yet, some significant changes occurred in our lives by attending the **Path to Spirit-Warrior Training**. You may have completed YOUR P2SW Training a few years ago or almost 30 years ago when it all began.

And you're invited to join in celebrating this work by attending the P2SW 30th Anniversary, being planned for the weekend of May 16, 2026.

The event will be held in the Chicagoland area, and to help with our planning we are requesting that you let us know if you are likely to come and with how many guests. You can do that [HERE](#).

Spouses, children, friends, and extended family are all invited. Ticket prices will range from \$49 to \$175 per person depending upon which of the multiple programs being made available you choose to attend. The higher price tickets include a dinner and awards program.

This [RSVP LINK](#) is not a commitment to purchase tickets. Your response simply allows us to plan for the appropriate number of people.

Enthusiasm is building for this event. If you have questions or interest in being part of the planning committee, please contact **Marty Zitlin** at mzitlin@comcast.net.

P2SW October 15- 17, 2025



P2SW Training Weekend October 17-19, 2025, Testimonials

Truly remarkable! The change is evident everywhere I look, a profound perspective shift that I wasn't even aware I was capable of - or that I needed. I see it, others see it in me, and most importantly, it allows me to see other people in a way that alleviates so much tension in my life. I'm still at the beginning of the journey, but so grateful to have this amazing group of men by my side as I walk this path.

- Dan Roberts



It has helped me to transcend locks that keep me from my power as a man. Brought a sense of lasting community. Offers an opportunity to consider a more prominent role in leadership... perhaps staffing a weekend in the future.

- Jeff Koon

After that weekend, it felt like my entire operating system had been rewritten — heart, mind, and spirit finally running on the same code.

- Kurt Garner





I had spent several years trying to work through my issues with vulnerability and closeness. I THOUGHT I knew what my deal was ...I had read enough, analyzed enough, strategized enough, changed enough. But nothing had prepared me for what I experienced on my Path to Spirit-Warrior weekend. I was witness to my origins, and everything finally physiologically "clicked" for me. It has given me newfound energy and enthusiasm to become the changes I always mentally knew I wanted and needed to make. It was one of the greatest experiences of my life.

- Dave Bennett

There may come a time when we seek answers to what life is asking of us men. There may come a time when we seek guidance in parenting a child and/or nourishing a partnership, a family, and a community, or even just an idea. And there may come a time when we seek the guidance and trust of other men.

At Path to Spirit-Warrior I met truly great men who helped me get a clearer sense of self and a clear sense of direction. Working with these men has been the privilege of a lifetime.

- Dany Beylerian

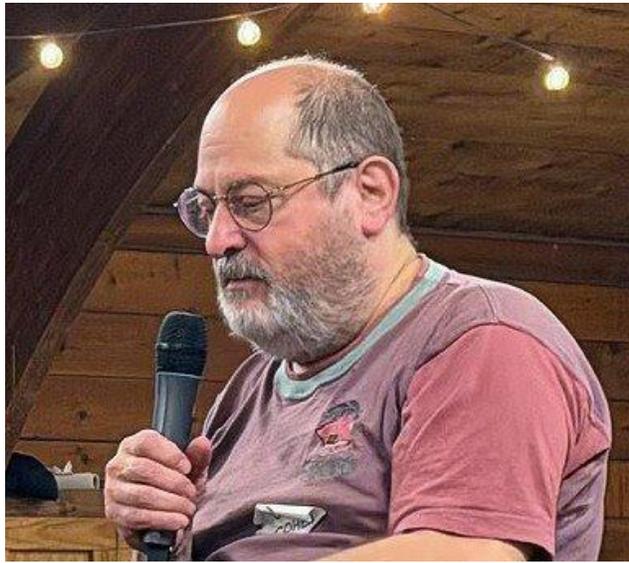


P2SW is a very impactful and deep weekend. I have never been through something with so much attention, focus, and support as I had on the P2SW weekend. I thought I had worked on many of the burdens we looked at on the weekend, but I have not gotten to that depth nor had that much support to help me release and reframe how I handle situations.

After the weekend I felt much more grounded and I have been coming from a more authentic place. I am journaling more, interacting more, and showing up more as a father and a husband than I did before. If you are thinking, like I did, I have done a lot of work already—P2SW still has something special to offer you.

- Jeff Hasenau





Joy

*I surrender to the being I was born into becoming,
no longer seeking the mirage of perfection.*

I am imperfect. I am human.

And I embrace my own imperfect story.

*It is enough for me to be who I am in the world,
and to love myself for who I am.*

*No longer are the blessings of my errors and wounds overlooked.
All are now accepted as part of my journey.*

*And I embrace the liberating gift of forgiveness --
releasing the burdens that I no longer choose to carry --
and welcoming the feeling of lightness of being.*

*All of myself—all of my struggles, joys, and sorrows --
all of them are part of my journey to this place and this time.*

*To here, to now,
to receive the gifts of compassion and acceptance.*

*I surrender to the Spirit of love,
and liberated to be me in the world around me.*

*Free to feel gratitude for the tears I feel today—tears that
rain down on me like the cleansing and refreshing rain of Spring.*

Along with a quiet whisper, “Welcome home.”

- Dan Diliberti

Profile of Path to Spirit-Warrior (P2SW) Leadership

Guide/Trainer/Facilitator – Mike Kunde

This edition of the newsletter focuses on Mike Kunde, a Path to Spirit-Warrior brother and frequent Guide at weekend training sessions. Mike was born in Milwaukee, Wisconsin in 1974 to a mother who worked as an X-ray tech and a pharmacist father. Mike has one younger brother, Brian. Mike fondly remembers that his parents shared a strong work ethic, working long hours with great dedication to their respective professions. Mike clearly remembers that many times his mother had to take him and his baby brother out to nursing homes in the middle of the night so she could provide emergency X-rays. That left a lasting impression on Mike.



Much like others deemed as Generation Xer's, Mike's childhood provided him plenty of freedom to explore. As a young boy, he loved gathering together a group of friends to ride their bikes down winding trails in the woods. He especially loved creating things— whether with Legos, or, later as a Scout, practicing whittling and wood carving. In high school, Mike was a member of the swim team.

Mike had always enjoyed drawing. But it wasn't until his senior year of high school, when a teacher recognized his passion, that he committed to challenging himself by enrolling in a college-level course. Having found a new confidence, he ultimately chose to study graphic design and figure drawing at the University of Wisconsin-Milwaukee. He earned a Bachelor of Fine Arts in Graphic Design in 1999. He then continued developing his skills at the Milwaukee Area Technical College in illustration and animation. Mike has broad professional experience and expertise in graphic design, illustration, website development and software engineering.

Mike has been recognized for his graphic and digital work. He is most proud that over the years, a few of his logos have ended up in prominent places around Milwaukee. He notes that Mount Mary University is still using the mark that he made for them some 25 years ago, a true source of pride that it stands the test of time.

Mike has been married to Marie for 4 years. He has one 16-year-old daughter, Lydia.

Mike became interested in P2SW through his friendship with another Spirit Brother, Tony Farrell. What he found most interesting about Tony was his non-judgmental patience. At that time, Mike had recently divorced and was just starting his new relationship with Marie, so he felt eager to grow, challenge himself and learn. He attended the P2SW Training in

2019 and his experience there was life-changing. He continued to attend P2SW events as he had a keen desire to keep growing, practicing, and sharing what he had learned.

Believe it or not, Mike became a P2SW leader mostly through his experience with mask making, which had a big impact on him. While painting his own mask, the simple act of quietly tapping into imagination helped him to let his guard down and become more in touch with Spirit. That experience was powerfully transformative for him and he felt a calling to fully participate in the mask-making processes on P2SW Training weekends. From that experience he's come to appreciate greater transformations in this work—moving from “burdens” and “doing” toward “being” and Spirit. He wanted to cultivate that capability all around him.

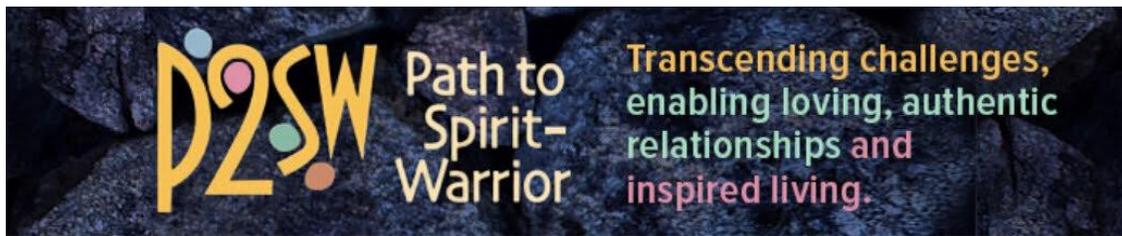
Mike wants new Spirit Brothers to be able to release, accept and forgive. His hope is that men leave P2SW with a deep appreciation of their own beauty and the value of the love they have to offer. He also hopes they create a new relationship with their own life—one that is patient, kind and confident in giving and receiving love.

Mike would like to acknowledge the gratitude he feels for P2SW. He's convinced that the P2SW community has helped him grow much more attentive and aware in his life. He likes to think that, now, when he's out in the world, he's no longer “just protecting” himself, but rather he's inviting authentic connection by openly sharing his gifts.

He's practiced listening more actively, acknowledging others' point-of-view, and most importantly, just choosing to risk openness rather than withdrawal. When he applies these things, he not only feels more confident, he notices relationships grow more authentic. It's said “the path less traveled” makes all the difference. For him, P2SW has revealed an entirely new path and he's grateful to walk it alongside such wonderful men, leaders & spiritual beings!

To be certain Mike, the feeling is mutual!





Share the work of transformation and spiritual empowerment with others

How can I support the work of Path to Spirit-Warrior?

1. **Thank you to our sustaining donors who are contributing in total about \$500 a month for P2SW!** You're invited to join them!
2. **Tell** the men and women in your life about this transformational work.
3. **Volunteer:** your abilities to advance a wide range of projects. Contact **Jay Stark-Dykema** at jrsdykema@gmail.com for more information.

4. **Donate:** Your generous support is received with gratitude, and will be used for the transformational work of the P2SW Training.

You can make a financial donation via credit card, [HERE](#).

Or, you can donate via Zelle by using this QR code:

Scan this code in your bank's app to pay
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