

P2SW Reflect



“It was the most profound weekend since — well, birth.”

— Kevin Browne

SAVE THESE DATES!

Path to Spirit Warrior Weekends for 2026

Michiana Christian Camp — Niles, MI [Map](#)



August 21–23, 2026

Early Bird Discount — register by **July 21st**

October 23–25, 2026

Early Bird Discount — register by **Sept 23rd**

February 5–7, 2027

Early Bird Discount — register by **January 5th, 2027**

To Register / more info: Bill Costantino, Enrollment Coordinator
Pathtospiritwarrior.com | bill.c@HTAtogether.com | 616-528-2225
Tuition: \$1,150 / \$1,000 with Early Bird Discount Deposit to Register: \$100

What's happening in the months to come?

There are monthly Virtual Open Circle meetings on the first Wednesday and third Monday of the month. There are also In-person Open Circle monthly meetings in Chicago and the Grand Rapids area of west Michigan. If interested, details can be found at the P2SW website via the link below:

Upcoming In-Person and Zoom Open Circle Meetings for P2SW (Calendar)

“All of you is welcome in our Circle!”

Collaboration with MenLiving

P2SW is building a collaborative relationship with another men's work organization called **MenLiving**. We've had two virtual, joint meetups intended to expose participants in each community to basic principles and practices in the other.

MenLiving is committed to improving men's lives through connection. Their focus is to create opportunities for men to gather together to give and get support and build friendship. For more information, please click [here for the MenLiving website](#). There's a [weekly newsletter](#), and an extensive [Calendar](#) of meetups and events, some facilitated by P2SW grads.



30th Anniversary Celebration

CONFIRMED FOR SATURDAY, AUGUST 1 — LAKE FOREST, IL

Mark your calendars and save that day — yes, the whole day — for interactive sessions, presentations, awards, and fun reconnecting with our community. You will learn about how it all began, how P2SW has changed and grown into the powerful organization it is today, and you'll hear about plans for future expansion.

We are still in the design phase, but we promise it will be an interactive, learning, and fun experience. More information and ticket purchase opportunities are coming

very soon.

Spouses, partners, children, friends, and extended family are all invited. Ticket prices will range from **\$49 to \$175** per person depending on the programs you choose to attend. The higher-price tickets include a dinner and awards program.

Enthusiasm is building! If you have questions or interest in being part of the planning committee, please contact **Marty Zitlin** at mzitlin@comcast.net.

P2SW Training Weekend February 13–15, 2026 Testimonials

“I came into the weekend with deep sadness and living as a victim. It took a painful week to process what happened to me, but I came out claiming my joy and freedom. I’m grateful for my fellow brothers and all the leaders that made this happen.”

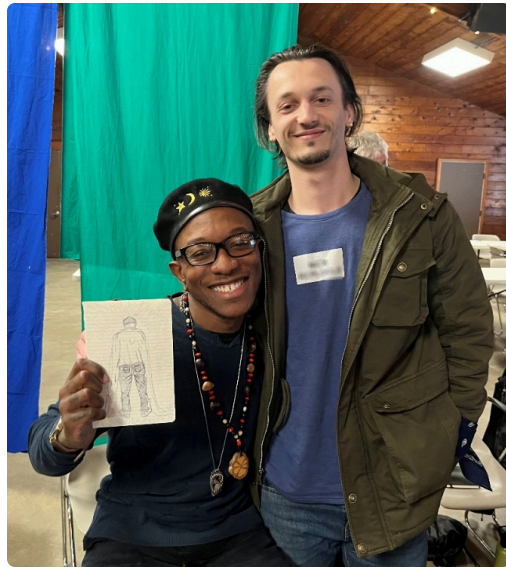
— **Matt Kelly**

“I’ve spent over 30 years engaged in personal growth work, and the Path to Spirit Warrior program was the most supportive environment I’ve experienced. During the process, I had a breakthrough in understanding how my childhood experiences had shaped the way I’ve shown up in the world for much of my life. That work helped free me from those ingrained patterns and ways of thinking.”

— **John Beaudry**

P2SW Training Weekend February 13–15, 2026 Photos









Meet Our Guide: John Vriese



In every community, there are individuals whose life journeys naturally position them to guide, support, and inspire others. For our P2SW brotherhood, one of those individuals is John Vriese—a man whose path has been shaped by hard work, technical excellence, deep reflection, and a profound commitment to personal growth and connection.

Born on December 1, 1953, in Franklin, New Jersey, John's early years were rooted in simplicity and responsibility. Growing up on a dairy farm, he worked closely with his father, learning the value of discipline, self-reliance, and dedication from a young age. Outside of farm life, John immersed himself in a wide range of interests—playing baseball and soccer, enjoying chess and table tennis, hiking, reading extensively, and exploring nature on motorcycles and trail bikes. Even then, he found meaning in both activity and solitude.

John's professional journey is equally remarkable. After beginning as an electronics technician, he steadily advanced through the ranks to become a Principal Systems Engineer in the Chief Engineering Office at GE Aviation Systems. His career also included significant time with Boeing, where he served as a Field Service Engineer supporting military customers. Notably, he spent seven years at Andrews Air Force Base providing avionics engineering support for the Air Force One 747 fleet. With more than four decades in the avionics industry, John continues to contribute today as a part-time Systems Safety Engineering consultant.

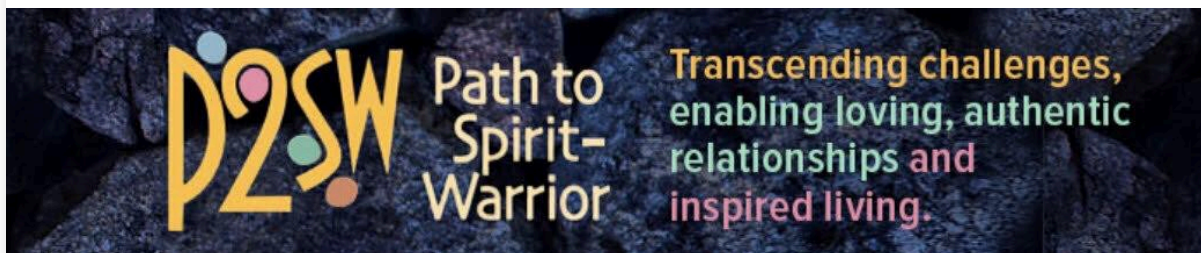
Beyond his professional accomplishments, John's life is deeply grounded in relationships and spiritual connection. He has been married to his wife, Mairi, for 26 years and speaks with genuine gratitude about their partnership. Together, they share a passion for creating and participating in ceremonial spaces that honor their connection to ancestors and the Great Spirit. Their summers at their cabin in Cape Breton, Nova Scotia reflect a shared love of nature and intentional living. John is the proud father of five children, stepfather to two more, and grandfather to five.

John's journey into P2SW began in a moment of transition as he moved from full-time work toward retirement. After attending his first P2SW weekend in October 2023, he knew he had found something meaningful—and has been an active and dedicated member ever since. His leadership emerged organically: he began mentoring new brothers, led the initial Finance Team, and has since taken on roles within the Executive and Council teams.

When asked what he hopes new spirit brothers take away from the weekend training, John describes it as an invitation—to connect with one's higher self while fully acknowledging the current state of one's heart, including its wounds, needs, and desires. The tools gained are not confined to a single experience—they are accessible anytime, anywhere, for those willing to live with intention and purpose.

One deeply personal insight John shares is his connection to his family's history. As the first-born son of immigrants who endured the trauma of World War II, he feels that legacy living within him. Interestingly, despite never formally completing an engineering degree, John led high-visibility, multidisciplinary engineering teams throughout his career—a testament to his willingness to grow beyond perceived limitations.

“The loving open heart is the path to freedom.”



Share the Work of Transformation and Spiritual Empowerment

How can I support the work of Path to Spirit-Warrior?

1. **Thank you to our sustaining donors** who are contributing in total about \$500 a month for P2SW! You're invited to join them!
2. **Tell** the men and women in your life about this transformational work.
3. **Volunteer** your abilities to advance a wide range of projects. Contact **Jay Stark-Dykema** at jrsdykema@gmail.com for more information.
4. **Donate:** Your generous support is received with gratitude and will be used for the transformational work of the P2SW Training.

You can make a financial donation via credit card, [HERE](#).

Or, you can donate via Zelle by using this QR code:

Scan this code in your bank's app to pay
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j***r@gmail.com



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P2SW NEWSLETTER TEAM

Nick Donato, Organizer

We welcome your comments and suggestions — njdonato54@gmail.com

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